

Fistral Beach



- Description: Fistral Beach is a huge sandy beach on the western edge of Newquay and is also an excellent surfing beach. North of the main beach there is an area of rocks and then a small sandy beach called Little Fistral Beach
- Safety: Warning signs warn of strong under currents and large breaking waves
- Access: The Fistral Beach car park is right by the beach and there is level access to the rear of the beach although the beach slopes downwards. There are also steps to Fistral Beach at several points on the coast path. At the southern end of the beach there are steep steps to the beach. At Little Fistral Beach there are steps to the beach
- Dogs: Dogs allowed all year at Fistral Beach
- Directions: Newquay is approximately 50 miles from Plymouth and 81 miles from Exeter. Take the A30 from Exeter or from Plymouth take the A38 to Bodmin and turn onto the A30 just before Bodmin. On the A30 near Indian Queens turn onto the A39 at the Highgate Hill roundabout. Proceed on the A39 north until the next roundabout then take the 2nd left (signposted to Newquay) onto the A392. Follow the A392 to Quintrell Downs and go across the roundabout to remain on the A392. Approaching the outskirts of Newquay, cross one roundabout and then turn right at the next roundabout to remain on the A392 (signposted to Pentire and Fistral Beach). Continue on the A392, go across at the Mellanvrane roundabout (again signposted to Fistral Beach). Follow the A392 until the Mount Wise roundabout and go straight across onto Higher Tower Road which becomes Tower Road and there are car parks on the left. Park here and follow the footpath across the golf course. To park right by Fistral Beach, at the end of Tower Road is a mini-roundabout. Take the 2nd left and follow this road for a short distance, then turn left onto Headland Road. Follow this road to the car park at Fistral Beach
- Parking: 1 small car park right by Fistral Beach (note this is very expensive). There are also a number of car parks along Tower Road which are within walking distance of Fistral Beach. There is also road parking to the south of Fistral beach along Esplanade Road. There is a very small car park just above Little Fistral

- Toilets: There are toilets by the Fistral Beach car park and at the south end of Fistral Beach. There are also toilets above Little Fistral Beach
- Facilities: Beach shop and café by Fistral Beach. Numerous shops, café's, amusements in Newquay. Sand Chair hire for the disabled at Fistral Beach, phone Fistral Surf Hire shop on (01637) 850584
- Activities: Surfing

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