

## South East Cornwall



South East Cornwall is a great place to visit with a number of decent family beaches. There are also several attractive coastal villages and towns to explore, including Looe and Polperro. The scenery is excellent and there is good walking on the coast and inland.

To the east of the area and looking across to Plymouth are the twin villages of Kingsand & Cawsand which are pleasant to visit and there are small beaches here. There is excellent scenery around Rame Head and west of Rame Head is the beautiful three mile sweep of Whitsand Bay which is popular with families and surfers.

Beyond Whitsand Bay are the popular family beaches at Portwrinkle, Dowederry and Seaton.

Further west are the small beaches at Millendreath and Plaidy and then the seaside town of Looe with its popular family beach. Dogs are banned all year at Looe, but at West Looe there is a dog friendly beach at Hannafore.

From Hannafore there is enjoyable but exacting walking west to Talland Bay, another popular family beach. On the way to Talland Bay are the quiet Samphire Beach and Portnadler Bay.

Further west is the unspoilt Cornish fishing village of Polperro which is a must visit. There is a small beach here and tidal pool. Further west of Polperro are the beaches at Lansallos and Lantic Bay.

For walkers, there is excellent scenery on the coast path and inland, Bodmin Moor and Kit Hill are also worth exploring. Also of interest are the outstanding National Trust properties of Lanhydrock and Cotehele and many fine woodland areas.

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## **Cornwall Beach Guide**