

## Gwithian Towans



- Description:Gwithian Towans is a huge sandy beach in West Cornwall. There are fine views to Godrevy Point and Godrevy lighthouse and at low tide the beach stretches to Godrevy Point. Gwithian Towans Beach is popular with surfers and for families there is plenty of sand
- Safety:Signs warn of strong undercurrents and not to swim near the river. There are lifeguards in summer. Signs warn of risk of falling rocks from the cliffs
- Access:The main Gwithian Towans car park is close to the beach. There is a short sloping path from the car park to the cliff edge and then concrete steps to the beach which are unsuitable for wheel chairs
- Dogs:Dogs are banned at Gwithian Towans beach from 1st May to September 30th (8am to 7pm)
- Directions:Gwithian Towans is about 4 miles from Hayle and 20 miles from Truro. Approach Hayle on the A30 from east or west. At the Loggans Moor roundabout take the turning for Hayle. Shortly after the roundabout there is a double roundabout. At the 2nd roundabout turn right onto the Gwithian/Portreath road the B3301. Shortly before Gwithian turn left onto a small road to Gwithian Towans (signposted to Gwithian Towans)
- Parking:Just after the turning to Gwithian Towans there are two small car parks. You can park here and walk across the dunes to pick up the coast path to Gwithian Towans. There is a much larger car park at Gwithian Towans
- Toilets:Yes at Gwithian Towans
- Facilities:Café
- Activities:Surfing