

- Description:Perranuthnoe Beach is a wide sandy beach close to the village of Perranuthnoe. The beach is also known as Perran Sands. Note that there is little sand left at high tide. There are two smaller mainly pebble beaches to the east, but access is difficult. The far east beach is called Trevean Cove and there is some sand here.
- Safety:Signs warn of rip currents, submerged objects in the water and risk of rock falls. Lifeguards in summer.
- Access:There is a slipway to the beach at Perranuthnoe which is suitable for wheelchairs. The first pebble beach to the east is accessible from the coast path via a steep path. Trevean Cove is only accessible by climbing over rocks.
- Dogs:Dogs are banned at Perranuthnoe Beach from 1st July to 31st August (10am to 6pm).
- Directions:Perranuthnoe is about 9 miles from Hayle and 9 miles from Helston. Approaching from Hayle on the A30 follow the directions to Penzance. Shortly after Crowlas take the first left on a roundabout onto the A394 and after about 2 miles turn right for Perranuthnoe (signposted to Perranuthnoe). Follow this road through Perranuthnoe village. Alternatively take the A394 from Helston. After about 6 miles turn left for Perranuthnoe (signposted to Perranuthnoe).
- Postcode:TR20 9NB.
- Parking:1 small car park close to Perranuthnoe Beach.
- Toilets:Yes, close to the Perranuthnoe Beach car park.
- Facilities:Beach shop & café at Perranuthnoe.
- Activities:None.

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